

Application of Response Surface Methodology to Study the Combined Effect of Temperature, Time and pH on Antioxidant Activity of Cherry (*Prunus avium*) Honey

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Response surface methodology (RSM) was employed to analyze the effect of independent variables viz. temperature, time and pH on antioxidant properties of cherry honey. Seventeen runs including five replicates were used to study the combined effect of temperature (60–80°C), time (10–15 min) and pH (3 to 6) on the antioxidant properties [radical scavenging activity (DPPH-RSA), total phenolic content (TPC) and total flavonoid content (TFC)] of cherry honey. Statistical analysis revealed that process variables significantly affected all the responses. All the three parameters viz. DPPH-RSA, TPC and TFC increased with increase in time and temperature. The antioxidant properties of cherry honey were significantly decreased with increase in pH from 3 to 6. The thermal treatment of honey at 80°C was found to be more effective than at 70 and 60°C. The results demonstrated that antioxidant activity significantly increased with formation of browning pigments.

INTRODUCTION

According to the National Honey Board, [2010], Honey is a natural sweet, flavorful and miraculous product that has been appreciated as a functional food by humans owing to its uncountable medical and nutritional properties that have amplified interest and many scientific studies in recent years. Honey is the natural sweet substance produced by honey bees from the nectar of plants or from secretions of living parts of plants or excretions of plant-sucking insects on the living parts of plants, which the bees collect, transform by combining with specific substances of their own, deposit, dehydrate, store and leave in the honey comb to ripen and mature [Codex Alimentarius, 2001]. As a food, the honey has been used since ancient times however the evidences in the recent times proved its antioxidant activity. Honey has been found to display significant antioxidant activity due to the presence of both enzymatic (diastase, invertase, glucose oxidase) and non-enzymatic substances (phenolic acids, flavonoids, amino acids, organic acids). The main antioxidant activity is due to the presence of major polyphenols in the form of phenolic acids (chlorogenic, ferrulic, caffeic, ellagic, vanillic, benzoic, cinnamic, coumaric acid *etc.*) and flavonoids (pinocembrin, apigenin, hesperitin, chrysin, quercetin, luteolin, myricetin, pinobanksin, galangin, kaempferol *etc.*) [Gheldof & Engeseth, 2002; Gheldof *et al.*, 2002; Aljadi & Kamaruddin, 2004;

Baltrusaityte *et al.*, 2007]. Such polyphenols have been known to exhibit much health benefiting properties (antiatherogenic, anticarcinogenic, antithrombotic, anti-inflammatory *etc.*). Besides polyphenols, a little contribution to antioxidant activity of honey is also done by Maillard reaction products, enzymes (catalase, peroxidase and glucose oxidase), carotenoids and vitamins (C and E) [Gheldof *et al.*, 2002; Aljadi & Kamaruddin, 2004]. The antioxidant activity of honey is dependent on floral as well as geographical origin [Beretta *et al.*, 2005; Gheldof & Engeseth, 2002; Gheldof *et al.*, 2002]. Thus, honeys from different floral sources and regions differ in their antioxidant activity.

The response surface methodology (RSM) is a mathematical technique that has been verified as a valuable tool for determining the effect of response factor and the interactions among them. One of the major advantages of the RSM is reduction in the number of experiments required for evaluation and analysis. RSM is a faster and more efficient method for assembling research results than the classic one-variable at a time or full-factor experimentation. For a good fitted model, the coefficient of determination should not be less than 80%. A higher value of R^2 , *i.e.* close to unity, indicated that the empirical model is suitable for fitting the actual data while a lower value of R^2 means that the model is inappropriate for explaining the relation between variables [Little & Hills, 1978; Mendenhall, 1975]. Normally, the raw honey undergoes processing before marketing as it contains some extraneous material (bee wax and pollen) which creates the problem of crystallization, thus such extraneous matter must be removed to make it marketable and acceptable to consumers. Therefore,

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the raw honey is subjected to thermal treatment mainly to prevent or delay crystallization and to destroy sugar-tolerant microorganisms that may cause unnecessary fermentation [Tosi *et al.*, 2002; Escriche *et al.*, 2008]. Although during thermal treatment, raw honey may lose most of its natural antioxidants but the formation of non-nutrient antioxidants like Maillard reaction products (MRPs) can compensate such loss [Manzocco *et al.*, 2000; Nicoli, 1997]. A few studies on the impact of thermal treatment on the antioxidant activity of honey are available [Wang *et al.*, 2004; Turkmen *et al.*, 2006], but no study have been done so far on the combined effect of time, temperature and pH on the antioxidant properties of honey. Thus, the main objective of this study was to analyze the effect of time, temperature and pH on the antioxidant activity of cherry honey by using response surface methodology.

MATERIAL AND METHODS

Chemicals and reagents

Methanol, acetic acid, Folin–Ciocalteu reagent, DPPH, AlCl_3 , sodium acetate (trihydrate) and sodium carbonate were procured from Fluka Goldie, Mumbai, India.

Honey sample collection and pollen analysis

The raw honey samples of cherry (*Prunus avium*) were collected from local beekeepers, packed and sealed in glass bottles and stored at 4°C. The authenticity of cherry honey samples was confirmed by melissopalynology. Honey samples were classified according to their botanical origin using the method described by Von der Ohe *et al.* [2004]. The following terms were used for frequency classes: predominant pollen (>45% of pollen grains counted), secondary pollen (16–45%), important minor pollen (3–15%) and minor pollen (<3%).

Heat treatment

The honey was heated at different temperatures (60–80°C) for different time periods (10–15 min) with different pH values ranging from 3 to 6 using acetate buffer solutions (0.1 mol/L of sodium acetate and 0.1 mol/L of acetic acid). The honey samples, weighed in small glass containers, were placed in a water bath at desired temperature with a thermocouple placed in the sample to monitor its internal temperature. Once the internal temperature reached the desired temperature, the sample was cooled to 20°C. The samples were analyzed in duplicate for total phenolic content (TPC), total flavonoid content (TFC) and antioxidant activity by DPPH assay.

Determination of total phenolic and flavonoid content

To determine the total phenolics content present in all honey samples, Folin–Ciocalteu method was employed. The total phenolic content was determined by comparing with the standard curve using gallic acid (0–100 µg/mL). The results were expressed as mg of gallic acid equivalents (mg GAE)/100 g of honey. For total flavonoid determination, Dowd method was used, modified by Arvouet-Grand *et al.* [1994]. The total flavonoid content was determined by comparing with a standard curve prepared using quercetin (0–100 µg/mL).

The means of three readings were calculated and the results were expressed as mg quercetin/100 g honey (mg QE/100 g).

DPPH radical scavenging activity (DPPH-RSA)

The DPPH radical-scavenging assay based on the ability of antioxidants to block the 2,2-diphenyl-1-picrylhydrazyl radical was used to measure the antioxidant activity in the honey samples. The DPPH radical scavenging activity was determined according to the method adopted by Meda *et al.* [2005]. In brief, 0.6 g of honey sample was dissolved in 4 mL of methanol. After this 1.5 mL of DPPH reagent solution (0.02 mg/mL) was added to 0.75 mL of honey solution and the samples were kept in the dark for 15 min at room temperature. The absorbance of the mixture was measured at 517 nm against methanol blank by using Spectrophotometer (Hach Lange DR6000 UV-VIS, Dusseldorf Germany). The radical scavenging activity of DPPH radical expressed as % inhibition was calculated from the following equation:

$$\% \text{ Inhibition} = \frac{(\text{Abs}_{\text{control}} - \text{Abs}_{\text{sample}})}{\text{Abs}_{\text{control}}} \times 100$$

where $\text{Abs}_{\text{control}}$ is the absorbance of control (1.50 mL DPPH and 0.75 mL methanol) at 517 nm and $\text{Abs}_{\text{sample}}$ is the absorbance of sample at 517 nm

Experiment design

For the design of experimental combinations, RSM was adopted [Montgomery, 2002] by using Design-Expert version 9.0.4 (Statease Inc., Minneapolis, MN, USA) to test the combined effect of three variables [temperature (60–80°C), time (10–15 min) and pH (3–6)] on three responses (DPPH-RSA, TPC and TFC) of cherry honey. Thus a three factor and three level Box–Behnken design [Tekindal *et al.*, 2012] consisting of thirteen experimental runs at center point was employed. The data were analyzed by multiple regressions using the least-squares method. A second-order polynomial equation was fitted to data which is given below:

$$Y_k = \beta_0 + \beta_1 x_1 + \beta_2 x_2 + \beta_3 x_3 + \beta_{11} x_1^2 + \beta_{22} x_2^2 + \beta_{33} x_3^2 + \beta_{12} x_1 x_2 + \beta_{13} x_1 x_3 + \beta_{23} x_2 x_3$$

where Y_k = response variable, Y_1 = DPPH-RSA (%), Y_2 = TPC (mg GAE/100g) Y_3 = TFC (mg QE/100g), x_1 , x_2 and x_3 represent the coded independent variables for temperature (°C), time (min) and pH and respectively. β_0 was the value of the fitted response at the center point of the design that is point (0,0,0). β_{1-3} and β_{11-33} were the linear and quadratic regression coefficients respectively while β_{12} , β_{13} and β_{23} were cross-product regression coefficients. The test of statistical significance was performed on the total error criteria with a confidence level of 95%. The significant terms for each response in the model were determined by using ANOVA. R^2 , Pred. R^2 and adj- R^2 were used to check the efficiency of the model.

RESULTS AND DISCUSSION

The percentages of pollen spectra are related to pollens of nectar-producing plants. Cherry honey (*Prunus avium*)

TABLE 1. Effect of independent variables (temperature, time and pH) on responses (DPPH activity, total phenolic content (TPC) and total flavonoid content (TFC) of cherry honey.

Experiment No.	Temperature (°C) X_1	Time (min) X_2	pH X_3	DPPH (%)	TPC (mg GAE/100g)	TFC (mg QE/100g)
1	60.00	12.50	3.00	69.45	95.13	14.68
2	70.00	15.00	3.00	69.89	103.23	17.9
3	70.00	12.50	4.50	67.59	99.58	17.16
4	80.00	10.00	4.50	73.18	100.99	19.65
5	80.00	15.00	4.50	74.14	100.23	21.35
6	70.00	12.50	4.50	67.7	99.12	17.3
7	70.00	12.50	4.50	67.65	100.03	17.32
8	70.00	15.00	6.00	70.75	95.63	17.8
9	70.00	12.50	4.50	67.73	100.82	17.25
10	70.00	12.50	4.50	67.71	99.19	17.22
11	60.00	10.00	4.50	68.59	91.49	15.93
12	60.00	12.50	6.00	68.6	92.28	13.03
13	70.00	10.00	3.00	70.22	95.41	16.82
14	80.00	12.50	3.00	73.39	101.57	17.52
15	70.00	10.00	6.00	69.02	97.81	17.44
16	80.00	12.50	6.00	74.01	104.11	20.15
17	60.00	15.00	4.50	69.50	93.76	15.46

All response values are mean values of duplicates.

possessed 46–57% pollen of *Prunus avium*, which confirmed its unifloral authenticity. Further authenticity was confirmed by quantification and identification of volatile compounds using SPME-GCMS in our previous study [Nayik & Nanda, 2015]. The DPPH-RSA, TPC and TFC of raw cherry honey were 67.42%, 88.91 mg GAE/100 g and 11.42 mg QE/100 g, respectively. The responses of antioxidant activity (DPPH-RSA), total phenolic content (TPC) and total flavonoid content (TFC) obtained from the experiments are listed in Table 1. The ANOVA data for response variables and their significance at 95% confidence level along with their correlation coefficient is presented in Table 2. A large regression co-efficient and a small P-value would indicate a more significant effect on the respective response variables for any of the terms in the model. ANOVA showed that the resulting quadratic model were adequately suitable showing significant regression, no lack of fit, low residual values with coefficients of multiple determinations (R^2) of 0.99, 0.96 and 0.99 for the responses viz. DPPH-RSA, TPC and TFC, respectively. Table 3 shows second order regression coefficients for responses (DPPH-RSA, TPC and TFC) of cherry honey. A large value of R^2 does not always imply the sufficiency of the model. For this reason, use of an adjusted- R^2 of over 90% to evaluate the model adequacy is implemented. For all the responses viz. DPPH-RSA, TPC and TFC, the adj- R^2 was found to be more than 0.90. Higher adj- R^2 indicated that non-significant terms have not been included in the model.

TABLE 2. Significant levels of cherry honey responses using RSM.

P > F	DPPH activity (%)	TPC (mg GAE/100g)	TFC (mg QE/100g)
Model	< 0.0001	0.0003	< 0.0001
A: Temperature (°C)	< 0.0001	< 0.0001	< 0.0001
B: Time (min)	< 0.0001	0.0472	< 0.0001
C: pH	0.0382	0.1065	0.0009
A ²	< 0.0001	0.0263	0.0151
B ²	< 0.0001	0.0131	< 0.0001
C ²	< 0.0001	0.9452	< 0.0001
AB	0.7608	0.1930	< 0.0001
AC	< 0.0001	0.0374	< 0.0001
BC	< 0.0001	0.0021	0.0069
R ²	0.9995	0.9650	0.9990
Adjusted R ²	0.9989	0.9199	0.9976
Pred. R ²	0.9941	0.9277	0.9876
Adeq. Precision	106.013	15.525	114.885
Lack of Fit	0.1428	0.1097	0.1131

TABLE 3. Second order regression coefficients for responses (DPPH, TPC and TFC) of cherry honey.

Response	Intercept	A	B	C	AB	AC	BC	A ²	B ²	C ²
DPPH	67.68	2.32	0.41	-0.071	-0.012	0.37	0.52	2.53	1.14	1.15
TPC	99.75.60	4.28	0.89	-0.69	-0.76	1.35	-2.50	-1.44	-1.69	0.036
TFC	17.25	2.45	0.33	0.19	0.54	1.07	-0.18	-0.15	1.00	-0.76

Where A = Temperature; B = time; C = pH.

Response surface analysis of antioxidant activity (DPPH-RSA)

Table 2 demonstrated the response surface analysis (RSA) of the data between the temperature and independent variables is quadratic, with a very good regression coefficient ($R^2=0.99$). Figure 1a-c shows the combined effect of temperature, time and pH on antioxidant activity of cherry honey. Temperature showed a positive linear and positive quadratic effect on the DPPH-RSA ($p<0.0001$, $p<0.0001$). The DPPH-RSA of cherry honey increased with increase in time and temperature (Figure 1a) which could be due to the formation of Maillard reaction products (MRPs). MRPs exhibit significant antioxidant properties as previously reported in various foods [Giovanelli & Lavelli, 2002; Wagner *et al.*, 2002]. The increase in antioxidant activity of cherry honey was more significant at 80°C than those at 60 and 70°C, which indicated a large reliability of the antioxidant activity on thermal treatment. Depending on processing conditions and composition of food product, the formation of different compounds in non-enzymatic browning reactions proceed through different chemical pathways which could be attributed of logarithmic increase of antioxidant activity at 80°C [Manzocco *et al.*, 2000; Van Boekel, 2001]. Similar results for antioxidant activity were obtained by Turkmen *et al.* [2006] and Calligaris *et al.* [2004] in prolonged heating of honey and milk, respectively. Our results were also consistent with the findings of Fauzi *et al.* [2014] who reported that high pressure processing with thermal treatment caused significant increase in antioxidant activity of Manuka honey from New Zealand. The pH also plays a vital role in antioxidant activity of honey. The pH showed a negative linear ($p<0.0382$) and positive quadratic effect (<0.0001) with temperature on the DPPH activity. Figure 1b shows that with increase in acidity, *i.e.* from pH 6 to 3 and increase in temperature range from 60 to 80°C, the DPPH-RSA increases. The reason could be the gain of H⁺ ions upon fall in pH. The combined effect of time (10 to 15 min) and pH (3–6) also decreased the antioxidant activity due to the loss of H⁺ ions upon rise in pH (Figure 1c). Figure 2 clearly demonstrated that the experimental results and the predicted values of DPPH-RSA were not significantly different.

Response surface analysis of total phenolic content (TPC)

Table 2 demonstrated the response surface analysis (RSA) of the data with a very good regression coefficient ($R^2=0.96$). TPC was significantly influenced by temperature, time and pH. Temperature and time showed a positive linear effect and a negative quadratic effect on the TPC ($p<0.0001$). Similar to antioxidant activity, increase in time and tempera-

ture lead to increase in TPC as shown in Figure 3a, which may be due to the formation of antioxidant-rich non-enzymatic products (MRPs) in honey, since the antioxidant activity of honey is mainly due to polyphenols [Nayik & Nanda, 2015]. The combined effect of pH-temperature and pH-time on TPC of cherry honey is shown in Figure 3b and 3c, respectively. With increase in temperature from 60 to 80°C and increase in pH from 6 to 3 (*i.e.* increase in acidity), TPC increased because at lower pH, phenolic compounds will have less susceptibility towards oxidation as hydroxyl groups would be shielded by protonation. Thus, antioxidant activity of cherry honey is affected by pH. The experimental values of the total phenolic content are slightly lower than the predicted values as shown in Figure 4.

Response surface analysis of total flavonoid content (TFC)

The response surface analysis (RSA) of the TFC data with a very good regression coefficient ($R^2=0.99$) is shown in Table 2. Similar to the effect experienced by TPC, the TFC was also significantly influenced by process variables (Figure 5a-c). Temperature and pH showed a positive linear effect and negative quadratic effect while time showed both positive effects for linear as well as for quadratic. As described above that the antioxidant activity of honey is mainly due to presence of polyphenols, thus the effect of temperature showed the same effect as that of DPPH-RSA activity, *i.e.* with increase in time and temperature, TFC also increased (Figure 5a). Figure 5b demonstrated that with increase in temperature from 60 to 80°C and increase in pH from 6 to 3, there is increase in TFC of cherry honey. The TFC was more significant at acidic pH since, in acidic pH, the antioxidant activity of polyphenols is more significant and would decrease monotonously with increase in pH from 3 to 6, due to deprotonation of hydroxyl groups. The experimental and predicted values of total flavonoid content were not significantly different (Figure 6).

CONCLUSION

RSM was employed to study the combined effect of time, temperature and pH on antioxidant activity of cherry honey. The study proved that the antioxidant activity of honey is greatly affected by thermal treatment and pH. In both TPC and TFC, the conversion of phenolic groups into hydroxide radicals upon rise in pH from 3 to 6, caused the decrease in antioxidation activity due to loss of H⁺ ions. The study showed that at acidic pH, there is significant antioxidant activity of cherry honey.

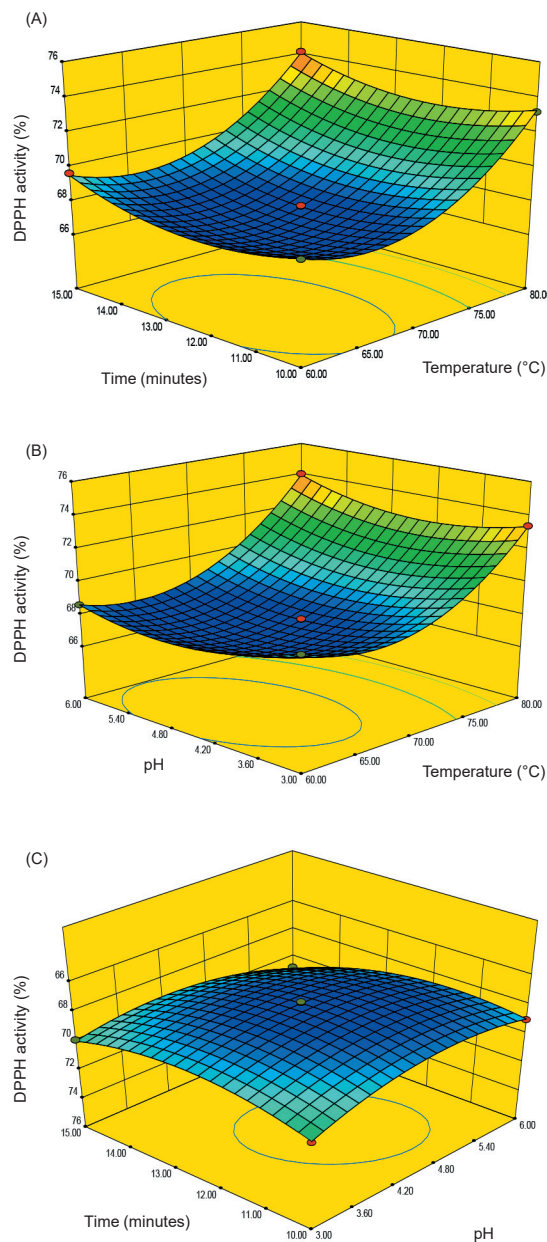


FIGURE 1. Response surface plot of DPPH activity as a function of (a) time and temperature, (b) pH and temperature (c) time and pH.

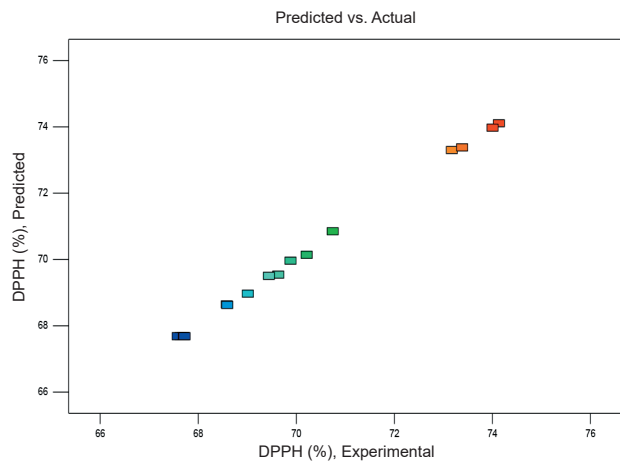


FIGURE 2. Comparison of the experimental values of DPPH activity with predicted values.

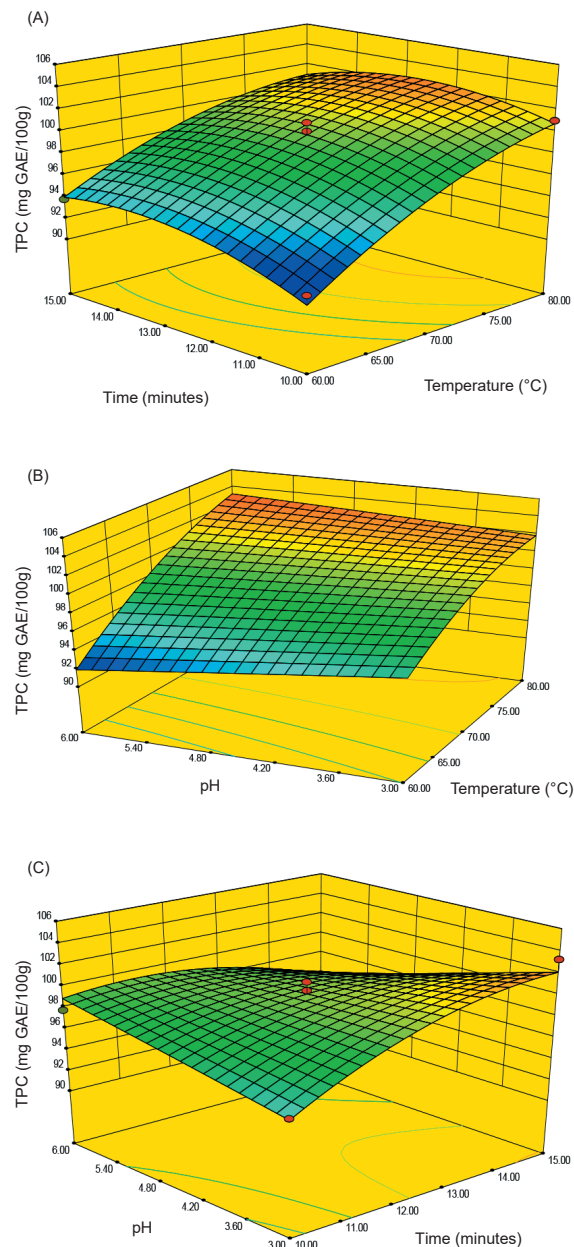


FIGURE 3. Response surface plot of TPC as a function of (a) time and temperature, (b) pH and temperature (c) time and pH.

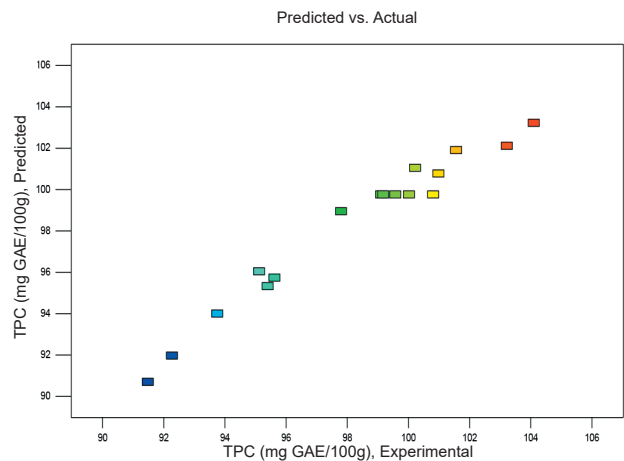


FIGURE 4. Comparison of the experimental values of TPC with predicted values.

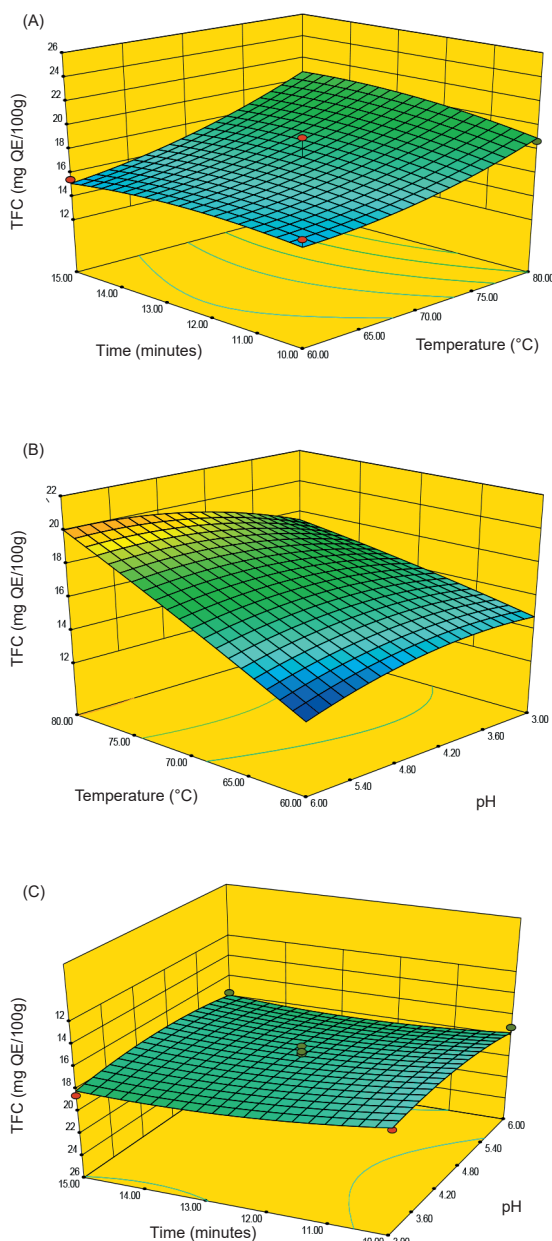


FIGURE 5. Response surface plot of TFC as a function of (a) time and temperature, (b) pH and temperature (c) pH and time.

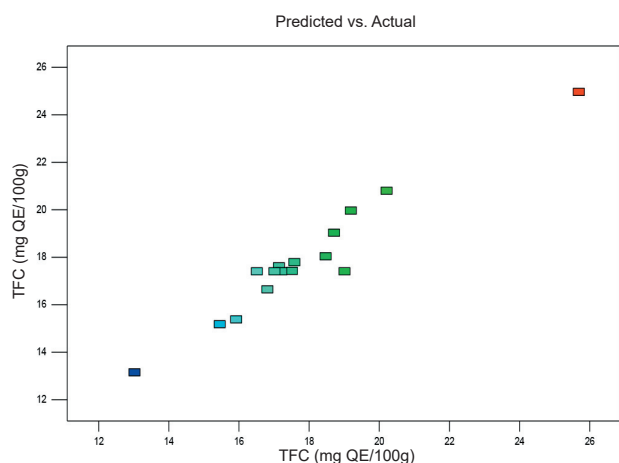


FIGURE 6. Comparison of the experimental values of TFC with predicted values.

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